

Toastmasters District 45, Area 16

<http://www.ToastmastersNH.org/area16>



Toastmasters International
PO Box 9052, Mission Viejo, CA
92690-9052
(949) 858-8255
Fax: (949) 858-1207
1-800-9WE-SPEAK
<http://www.toastmasters.org>

Facts About
Amoskeag Better Communicators

Meets Wednesdays, 7:00PM – 9:00PM

33 S. Commercial St., Manchester, NH

Conference Room at Amoskeag Business Incubator

Open to the public. Guests are always welcome.

Dues: \$5.50/month (\$33 per half year)

• **Club Mission**

The mission of a Toastmasters club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn fosters self-confidence and personal growth

• **Members Have Opportunities To:**

- Gain speaking experience that relates to specific career needs.
- Develop and practice leadership skills.
- Sharpen their listening and evaluation skills.
- Give regular impromptu talks on assigned topics.
- Learn and practice techniques of effective public speaking.
- Prepare and deliver formal speeches on subjects of their own choosing.
- Learn proper parliamentary procedure.
- Preside over meetings.
- Gain personal confidence that will help when speaking to one person or one thousand.
- Enter Toastmasters International's Annual Speech Contest, "The World Championship of Public Speaking."



- **A Toastmaster's Promise**

As a member of Toastmasters International and my Club, I promise...

- To attend Club meetings regularly;
- To prepare all of my speeches to the best of my ability, basing them on projects in the Communication and Leadership Program manual or the Advanced Communication and Leadership Program manuals;
- To willingly prepare for and fulfill meeting assignments;
- To provide fellow members with helpful, constructive evaluations;
- To help the Club maintain the positive, friendly environment necessary for all members to learn and grow;
- To willingly serve my Club as an officer when called upon to do so;
- To treat my fellow Club members and our guests with respect and courtesy;
- To bring guests to Club meetings so they can see the benefits Toastmasters membership offers;
- To adhere to the guidelines and rules for all Toastmasters educational and recognition programs;
- To maintain honest and highly ethical standards during the conduct of all Toastmasters activities.



Facts About Toastmasters International

- A non-profit educational organization.
- More than three million men and women have benefited from Toastmasters training.
- The world's leading organization devoted to the improvement and development of individual communication and leadership skills.
- Approximately 8,900 Toastmasters clubs and 179,000 members exist in the United States, Canada and 68 other countries.
- Thousands of corporation and government agencies sponsor in-house Toastmasters clubs as communication training workshops for their employees.
- Specialized clubs have been established at military bases, colleges and universities, churches and prisons, as well as among senior citizens, professional groups, bilingual groups, singles and the visually-impaired.
- Founded in October 1924 by Dr. Ralph C. Smedley at the YMCA in Santa Ana, California.
- World Headquarters located at 23182 Arroyo Vista, Rancho Santa Margarita, CA 92688; (949) 858-8255. FAX: (949) 858-1207.

Members Promote Effective Communication and Leadership in Their Communities by:

- **SPEECHCRAFT** – conducting a “short course” in public speaking for adults in business, education, industry and government.
- **SUCCESS/LEADERSHIP PROGRAMS** – teaching educational modules in a how-to format on topics such as conducting productive meetings, effective listening, parliamentary procedure, evaluation, creative thinking, leadership, management and training.
- **SPEAKERS BUREAU** – helping other nonprofit organizations and community and government groups tell their stories to the community.
- **GAVEL CLUBS** – bringing Toastmasters training to prisons and other institutions.
- **YOUTH LEADERSHIP** – conducting public speaking training for junior and high school students



Facts About Hosting a Toastmasters Club

- Toastmasters members are also members of the business community
- Toastmasters becomes very convenient to your employees
- Clubs will target meetings to members' needs (using a microphone, giving a PowerPoint presentation...)

SALES: The prepared speaking portion teaches sales staff to hone their pitches and how to use all the tools (vocal variety, showing what you mean, organization) in making a verbal presentation. Table Topics teaches how to answer the tough question that a prospect or a client might throw out when you're least expecting it.

TRAINERS: Trainers master presentation and organization tools to make training sessions fun and engaging. They learn to put together an agenda and stick to it. They learn to manage difficult questions from the floor (Table Topics).

MANAGERS: Managers learn not just how to manage employees, but through effective communication, lead and inspire them. They learn how to give performance evaluations that provide real feedback for growth while still considering employees feelings. They lead in a volunteer environment in which they're forced to build consensus to achieve their goals because they have no real power over volunteers. They learn how to conduct productive meetings by setting an agenda and determining who really needs to be in attendance.

- Members spread the word about your organization
- Hosts are in prestigious company



More than 1,000 major organizations sponsor in-house Toastmasters Clubs as communication training workshops for their employees. These organizations include corporations, government agencies, military forces, nonprofit associations, educational institutions, churches, etc. The following is a partial list:

Corporations		
Axciom	Fannie Mae	Measurex Corp.
Aetna Life and Casualty	Farmers Insurance	Merrill Lynch
Alcatel	Federal Express	Microsoft Corp.
Alcoa	Federal Reserve Bank	Mobil Oil
Allstate Insurance Company	Fluor Daniel	Motorola
American Airlines	Geico	Nalco Chemical Co.
American Express	General Dynamics	Nationwide Insurance
Abbott Laboratories	General Mills, Inc.	National Semiconductor
American Family Insurance	General Motors	Nestle, USA
Anheuser-Busch, Inc.	Georgia Pacific	Nestle, Thailand
Apple Computer	Giant Food, Inc.	New York Life
Arthur Andersen & Company	Goodyear Tire & Rubber	Nortel Networks
AT&T	Great West Life	Northern Telecom
Australian Taxation Office	GTE Corp.	Northrop
Automatic Data Processing	Hallmark Cards	Northwestern Airlines
Avery Dennison	Hartford Insurance	Pacific Century Financial Corporation
Bandag, Inc.	HDR Engineering, Inc.	Paramax
Bank of America	Hercules, Inc.	Paychex, Inc.
Bank of Hawaii	Hewlett Packard	Pitney Bowes
Barnett Bank	Hoechst Celanese	PPG Industries
Basic American Foods	Home Shopping Network	Procter & Gamble
Baxter Health Care	Honeywell	Prudential Insurance
Bayer Corp.	Hong Kong Bank	Quaker Oats Corp.
Bechtel Corporation	Hughes Aircraft	Raychem Corp.
Bell Atlantic	IBM	Raytheon Co.
Bell Helicopter	Intel Corp.	Robert Bosch Corp.
Bendix Corp.	Intergraph Corp.	Rockwell International
Benguet Corp.	International Paper	Rodale Press
Black & Veatch	ITT Hartford	Royal Insurance
Blue Cross / Blue Shield	Jacobs Engineering	Rubbermaid, Inc.
Boehringer Ingelheim	Johnson & Higgins	Safeco Insurance
Pharmaceuticals Inc.	Kaiser Permanente	San Miguel Corp.
Boeing	Kemper National Insurance	Sandoz, Inc.
Bose Corp.	Keycorp	Shell Oil
Bovis Lend Lease, Inc.	Kimberly-Clark Corp.	Sprint
Brown & Root	Kinkos Corporate Headquarters	State Farm Insurance
Burlington Northern Santa Fe	Knight-Ridder Information	Steelcase, Inc.
Railway Co.	KPMG Peat Marwick	Stone & Webster Engineering
Canada Post	Kraft General Foods	Storage Technology
Caterpillar, Inc.	Kroger	Sun Microsystems
Charles Schwab & Co.	Liberty Mutual	Supervalu, Inc.
Chevron	Litton Industries	Sverdrup Corp.
Citigroup	Lockheed Co.	Target Stores
CNA Insurance	Loral	Telecom Australia
Coca-Cola Co.	Magnavox	Texas Instruments
Conoco, Inc.	Mail Boxes, Etc.	TIAA-CREF
Coopers & Lybrand	Marsh & McLennan	Travelers Insurance
Dale Electronics	Martin Marietta	TRW
Dataquest	Mastercard International	Unisys Corp.
Deloitte & Touche	MRNA Corporation	

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Delta Airlines Delta Faucet Devry Institute of Technology Digital Equipment Corp. Dow Chemical Dresser Industries Dun & Bradstreet Eastman Kodak EDS Eli Lilly & Co. Enron Corporation Exxon	McDonnell Douglas McGraw-Hill, Inc.	United Airlines United States Postal Service UPS USAA USF&G Insurance Walt Disney Co. Westinghouse Worldspan Xerox 3M Co.
U.S. Government		
Atomic Energy Commission Bureau of Alcohol, Tobacco, & Firearms Bureau of Indian Affairs Defense Mapping Agency Dept. of Agriculture Dept. of Commerce Dept. of Defense Dept. of Economic & Employment Dev. Dept. of Employee Services Dept. of Energy Dept. of Health and Human Services Dept. of HUD	Dept. of the Interior Dept. of Justice Dept. of Labor Dept. of Transportation Environmental Protection Agency Federal Aviation Administration Federal Communications Commission Federal Deposit Insurance Co. Food & Drug Administration General Services Administration Internal Revenue Service NASA	National Park Service The Pentagon Social Security Administration U.S. Air Force U.S. Army Corps of Engineers U.S. Customs U.S. Geological Survey U.S. Navy U.S. Patent Office U.S. Treasury Dept. UNICEF Veterans Administration
State and Local Agencies/Departments		
Austin/Travis County Bonneville Power Administration CA Dept. of Toxic Substance Control California Public Utilities Commission City of Atlanta City of Chesapeake City of Ft. Worth City of Honolulu City of Mesa City of Richmond City of San Francisco City of Tacoma City of Charlotte	Colorado State Dept. of Highways Columbus Health Dept. Connecticut Ofc. of State Comptroller Florida Dept. of Transportation Georgia Dept. of Labor Indiana Dept. of Transportation Lincoln Fire Dept. Los Angeles Dept of Water and Power Louisiana Sewage & Water Board Massachusetts Government Land Bank Minnesota Dept. of Transportation Equal Employment Opportunity Commission	Nebraska Dept. of Roads New York City Housing Authority Office of Illinois Attorney General Oklahoma Insurance Dept. Oregon Dept. of Transportation Oregon State Revenue Dept. Pennsylvania Dept. of Education St. Louis County State of Michigan Texas State Auditor Virginia Beach Social Services
Educational Institutions		
Alabama A&M University Australian National University Carnegie Mellon University Kansas State University McGeorge School of Law Northwestern University	Simon Fraser University Texas A&M Thunderbird UCLA Graduate School of Management Univ. of Texas Grad. School of Business	Universidad de San Miguel University of Canterbury University of Hong Kong University of Maryland- Baltimore County Chapter University of New Brunswick Wake Forest University Washington Saturday College Western Iowa Tech Community College